

WHOLE FOODS MARKET
Catering



BREAKFAST

GREEK YOGURT
SOY YOGURT
FAT-FREE YOGURT
FLAVORED YOGURT (VANILLA, STRAWBERRY)
ASSORTED NUTS
ASSORTED CEREALS AND GRANOLA
WHOLE FRUITS- LOCAL, SEASONAL
SOY MILK
ALMOND MILK
RICE MILK
SKIM MILK
NANTUCKET NECTAR JUICES/ICED TEA
GRANOLA BARS
PROTEIN BARS
CLIFF BARS
TRAIL MIXES
MUFFINS
BAGELS w/ CREAM CHEESE
SCONES
VEGAN SCONES

SIDE INDIVIDUAL AND MINI SALADS

MESCLUN, GOAT CHEESE, CRANBER-
RIES AND PECANS
CAESAR SALAD
TOSSED GARDEN SALAD
COMPOSED SALADS
COUS COUS
BROWN RICE
PASTA AND ORZO
ITALIAN GIGANDE BEAN
FRUIT SALAD

LUNCH

WRAPS- WHITE, SPINACH, TOMATO,
WHEAT, GLUTEN FREE WRAPS
ROAST BEEF- GLUTEN FREE, IN-HOUSE,
LOCAL BEEF
TURKEY- GLUTEN FREE
SOUTHWEST TURKEY (SPICY), SMOKED,
HONEY ROASTED, OVEN ROASTED
HAM- GLUTEN FREE
VIRGINIA, BLACK FOREST, MAPLE
CORNED BEEF- GLUTEN FREE
CHEESE-CABOT CHEDDAR, MOZZARELLA,
PROVOLONE, MONTEREY JACK, AMERICAN,
HAVARTI
(MADE WITH MESCLUN MIX AND TOMATO,
SEALED WITH CREAM CHEESE OR HUMMUS)
GRILLED VEGETABLES- GLUTEN FREE
TOMATO, FRESH MOZZARELLA AND PESTO
SOUTHWEST BLACK BEAN AND SWEET
POTATO BURGER- GLUTEN FREE

GLUTEN FREE DRESSINGS-
FOR SALAD, BEEF, CHICKEN, SALMON,
VEGETABLES.....
BALSAMIC
TANGERINE
TOMATO BASIL



151 SOCKANOSSET CROSS RD • CRANSTON, RI
401.942.7600
WHOLEFOODSMARKET.COM/STORES/CRANSTON

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DINNER

GRILLED CHICKEN- BALSAMIC, NO OIL BALSAMIC (GLUTEN FREE)
TERIYAKI, NO OIL TANGERINE (GLUTEN FREE)
GRILLED SIRLOIN- PLAIN (SALT AND PEPPER), THEO'S
STEAKHOUSE SAUCE, TERIYAKI, SWEET BOURBON, BBQ
GRILLED TURKEY BREAST- HERB AND LEMON, SWEET BOURBON,
BBQ, CARIBBEAN MANGO
GRILLED OR POACHED SALMON-PLAIN (SALT AND PEPPER),
CARIBBEAN MANGO, TERIYAKI, TRIPLE CITRUS, TOMATO
BALSAMIC, POACHED WITH LEMON AND DILL
GOLDEN SESAME TOFU WITH GREEN ONIONS
GRILLED VEGETABLES

SIDES

ROASTED HERB POTATOES, RICE, COUS COUS, QUINOA, MASHED
POTATOES, ROASTED MAPLE SWEET POTATOES
VEGETABLES
ROASTED ASPARAGUS, ITALIAN RABE, STEAMED BROCCOLI,
CARROTS OR CAULIFLOWER, GRILLED OR RAW ASSORTED
VEGETABLES

HEALTH STARTS HERE LARGER SALADS-

LEAFY GREENS AND QUINOA
SALAD ADD-ONS- GRILLED CHICKEN, GRILLED SALMON AND
GRILLED SIRLOIN
VEGETABLE LASAGNA
BOLOGNESE LASAGNA
CHICKEN PARMESAN

SUSHI

CAKES AND BAKED GOODS

BIRTHDAY CAKE FEEDS 5-6
6" SHORTCAKE, GANACHE, CARROT, RED VELVET, LEMON
COCONUT, CHEESECAKES, FRUIT TARTS
BROWNIES AND BARS AND VEGAN DESSERTS
COOKIES (SOME GLUTEN FREE)
PETITE PASTRIES
CUPCAKES

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